## MARCH 24 IS WORLD TB DAY

#### From CITEM Clinic

## TB AROUND THE WORLD

- Tuberculosis (TB) is one of the top 10 causes of death worldwide.
- In 2017, 10 million people fell ill with TB, and 1.6 million died from the disease.
- In 2017, an estimated 1 million children became ill with TB and 230 000 children died of TB.
- TB is a leading killer of HIV-positive people.



Mycobacterium Tuberculosis (MTB) is a type of bacterium that has caused the disease called **Tuberculosis (TB)** TB usually affects the <u>lungs</u>, but it can also affect the <u>brain</u>, the <u>kidneys</u>, or the <u>spine</u>.

# **TB and HIV**

-People With HIV Are Much More Likely To Develop Active Tb Disease.
-People Living With HIV Are More Likely To Have TB Outside Of The Lungs.

# TB and children

- Children most commonly present with TB between one and four years of age.

# **TB** and

# women

-TB during pregnancy jeopardizes the mother, the fetus, and the newborn. -TB increases the likelihood of miscarriage, insufficient weight gain, premature labor, and the transmission of TB to the fetus during the pregnancy or birth. -Newborns of mothers with TB are at an increased risk of death, low birth weight, and contracting the after birth.

# Drug-resistant TB

-Drug-resistant TB Often Develops When Treatment Is Interrupted Or When Appropriate Drugs Required For Treatment Are Unavailable. -Drug-resistant TB Can Then Be Transmitted From Person To Person.

### HOW TB SPREADS

When people with lung TB cough, sneeze or spit, they propel the TB germs into the air. TB is **NOT** spread by

- shaking someone's hand
- sharing food or drink
- touching bed linens or toilet seats
- sharing toothbrushes
- kissing

## SIGNS AND SYMPTOMS

- a bad cough that lasts 3
   weeks or longer
- pain in the chest
- coughing up blood or sputum (phlegm from deep inside the lungs)

- weakness or fatigue
- weight loss
- no appetite
- chills
- fever
- sweating at night

# VACCINES

Currently The Only Licensed TB Vaccine Is **Bacille Calmette-guérin (BCG)**.

**BCG** Protects Infants And Children From Tuberculosis Meningitis And Severe Forms Of Disseminated TB, But Offers Limited Protection Against Pulmonary TB To Adolescents And Adults.



#### References:

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