

**LIST OF AGENCY-WIDE ACTIVITIES AND WELLNESS PROGRAMS ATTENDED BY CITEM EMPLOYEES C.Y. 2023**

PROGRAM TITLE	OBJECTIVE	DATE	VENUE	NO. OF ATTENDEES		
				MALE	FEMALE	TOTAL
FLU VACCINATION	To improve CITEM's immunization against Influenza.	June 07, 2023	CITEM	22	54	76
CARDIOVASCULAR SCREENING 1	The objective of this health consciousness & monitoring activities is to properly monitor the current state of employees' health through a free blood pressure, sugar, and cholesterol, screening and monitoring to be conducted on-site in partnership with Pharmaceutical companies through our Occupational Health Physician. The said activities aim to promote awareness on current on current Cardiovascular Health.	March 15, 2023	CITEM	13	33	46
CARDIOVASCULAR SCREENING 2		July 04, 2023	CITEM	6	36	42
CITEM Team Building cum Gender Learning Activity	To promote workplace harmony, increase organizational productivity, and improve communication; Additionally, a 1-hour GAD orientation was conducted to serve as refresher for employees on its purpose and importance especially for stakeholders.	November 15-17, 2023	La Jolla Beach Resort,	38	80	118
CITEM Year-End Celebration	CITEM's annual celebration with focus on celebrating resilience and creativity in times of uncertainty.	December 19, 2023	CITEM	CITEM EMPLOYEES		